Connected Growth & Wellbeing

Growing Connections

a 12-week DIRFloortime program

In-person sessions in Bayside or Union Square:
Mondays
11:30 am to 12:15 pm OR 2:00 pm to 2:45 pm
$30 per session

For registration and inquiries:

Email: connectedgrowth@drtobingpuente.com

This low-fee individualized parent-child program is designed to introduce families to DIR Floortime strategies to help their children develop important foundation developmental skills. In our play-based, sensory gym setting (Bayside only), parents will learn how to:

- **understand their child's individual profile**
- **promote their child's communication, interactions, and emotional expression**
- **use specific strategies to connect and engage together**

This program is run in memory of Dr. Rebecca Shahmoon Shanok, a pioneer in parent-child relational work and advocate for families.